



**FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

FALL 2010

**Monday/Wednesday for 4 weeks
(8 classes meet twice a week)**

6:00 p.m. - 6:45 p.m.

Aug. 30 - Sept. 22* (no class Sep. 6)

Sept. 27 - Oct. 20* (no class Oct 6.)

Oct. 25 - Nov. 17

Nov. 22 - Dec. 15

Member: \$56 Non-Member: \$72

*Member: \$49 Non-Member: \$63

(Session only meets 7 times)

Saturdays for six weeks

(6 classes meet once a week)

10:00 a.m. - 10:45 a.m.

Sept. 4 - Oct. 2*

Oct. 16 - Nov. 20

Nov. 27 - Dec. 18**

Member: \$42 Non-Member: \$54

*Member: \$35 Non-Member: \$45

(Session only meets 5 times)

**Member: \$28 Non-Member: \$32

(Session only meets 4 times)

Sundays for six weeks

(6 classes meet once a week)

1:00 p.m. - 1:45 p.m.

Sept. 5 - Oct. 3*

Oct. 17 - Nov. 21

Nov. 28 - Dec. 19**

Member: \$42 Non-Member: \$54

*Member: \$35 Non-Member: \$45

(Session only meets 5 times)

**Member: \$28 Non-Member: \$32

(Session only meets 4 times)

YMCA of Southern Indiana

Floyd County Branch

33 State Street

New Albany, IN 47150

(812) 283-YMCA

www.ymcasi.org

START SWIMMING EARLY



Preschool Swim Lessons

(Ages 3-5) This program offers children their first experience in the pool without parental assistance. Children are taught the basic skills that are building blocks of swimming. Class participants are divided into three skill levels and progress as they accomplish their skills.

Pike (beginner)

A beginning class for children who have never been in the water or are fearful of the water. Students will use an IFD and have assistance from the instructor at all times. Students will work on water adjustment and basic swimming skills that include kicking, floating, and submersion.

Eels (intermediate)

Students are more confident but still considered a beginning swimmer. Students will still have assistance from an IFD but should be able to swim five feet without help from an instructor. Students will work on jumping in, floating, front crawl, back crawl, and breathing.

Rays / Starfish (intermediate/advanced)

This intermediate/advanced preschool class is for students who are comfortable in the water and require little or no assistance from an IFD. Students will begin to refine front and back crawl and will also be introduced to sidestroke, surface glides, and rhythmic breathing. Students should be able to swim 15 feet with no assistance.



MUST REGISTER AT LEAST 24 HOURS IN ADVANCE

PRESCHOOL SWIM LESSONS REGISTRATION FORM

Floyd County Branch: 33 State Street, New Albany, IN 47150

Participant's Information

Name: _____ Age: _____ DOB: _____ Male Female

Address: _____ City: _____ State: _____ Zip: _____

Phone: _____

YMCA Member: Yes No

Please check desired class:
 Pike Eels Rays/Starfish

Please check class day(s):
 Mon/Wed
 Saturday
 Sunday

Session date of lesson _____

Time of lesson _____

Parent/Guardian's Information

Name: _____ DOB: _____

Address: _____ City: _____ State: _____ Zip: _____

Day Phone: _____ Evening Phone: _____

YMCA Member: Yes No Email: (a survey will be sent following program)

Emergency Contact's Information

Name: _____

Day Phone: _____ Evening Phone: _____

Relationship to Child: _____

Participant's Health Information

List conditions or allergies we should know about: _____

Please give instructions: _____

The health history and information is correct as far as I know and the child herein described has permission to be transported and engage in before/after school activities and field trips except as noted by me. I understand that all precautions will be taken to ensure the health and safety of my child. In the event I cannot be reached in an emergency, I hereby give permission and authorize the Director of the program or designee to secure emergency medical services including transportation and physician to order injection, anesthesia, or surgery for any child as named above. In addition, I also give permission for my child to be photographed and use of photos for any promotional purposes of the YMCA of Southern Indiana.

Parent/Guardian Signature _____

Date _____

FINANCIAL ASSISTANCE

Financial assistance is available to qualifying families. For more information about financial assistance regarding memberships, or programs, call the YMCA of Southern Indiana at 283-YMCA.

STAFF USE ONLY

Member # _____ Amount Paid _____

Check Cash Charge Coupon Staff Initials