



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
 FOR SOCIAL RESPONSIBILITY

Effective: Sunday, Dec 18 – June 3

- Schedule is subject to change.
- Multiple activities are often scheduled in the pool at the same time.
- The pool is closed during classes, including swim lessons.
- Lap swimming M-F 5:30 a.m. – 8:55 p.m.; weekends 8:00 a.m. – 5:55 p.m. unless otherwise noted.

AQUATICS CENTER SCHEDULE

CLARK COUNTY BRANCH

INSTRUCTIONAL POOL

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Aqua Intervals 5:45 a.m.-6:30 a.m.	Aqua Fit Plus 5:45 a.m.-6:30 a.m.	Aqua Intervals 5:45 a.m.-6:30 a.m.	Aqua Fit Plus 5:45 a.m.-6:30 a.m.	Aqua Intervals 5:45 a.m.-6:30 a.m.		
Aqua Fit 7:00 a.m.-7:50 a.m.	Aqua Fit 7:00 a.m.-7:50 a.m.	Aqua Fit 7:00 a.m.-7:50 a.m.	Aqua Fit 7:00 a.m.-7:50 a.m.	Aqua Fit 7:00 a.m.-7:50 a.m.		
Fit in 50 8:00 a.m.-8:50 a.m.	Aqua Fit Plus 8:00 a.m.-8:50 a.m.	Fit in 50 8:00 a.m.-8:50 a.m.	Aqua Fit Plus 8:00 a.m.-8:50 a.m.	Fit in 50 8:00 a.m.-8:50 a.m.	Aqua Fit Plus 8:10 a.m.-9:00 a.m.	Aqua Jog 8:10 a.m.-9:10 a.m.
Open Swim 9:00 a.m.-9:55 a.m.	Aqua Fit Extra 9:00 a.m.-9:50 a.m.	Open Swim 9:00 a.m.-9:55 a.m.	Aqua Fit Extra 9:00 a.m.-9:50 a.m.	Open Swim 9:00 a.m.-9:55 a.m.	Teen/Adult Swim Lessons 9:00 a.m.-9:45 a.m. (one lap lane avail.)	Open Swim 9:15 a.m.-12:55 p.m.
Aqua Fit Plus 10:00 a.m.-10:50 a.m.	Open Swim 10:00 a.m.-5:45 p.m.	Aqua Fit Plus 10:00 a.m.-10:50 a.m.	Open Swim 10:00 a.m.-5:45 p.m.	Aqua Fit Plus 10:00 a.m.-10:50 a.m.	Aqua Fit 9:05 a.m.-9:55 a.m.	
Y Preschool Lessons 11:30 a.m.-12:00 p.m.		Y Preschool Lessons 11:30 a.m.-12:00 p.m.		Open Swim 11:00 a.m.-4:55 p.m.	Youth Lessons 10:00 a.m.-10:45 a.m.	
Open Swim 12:00 p.m.-3:15 p.m.		Open Swim 12:00 p.m.-3:15 p.m.			Youth Lessons 11:00 a.m.-11:45 a.m.	Youth Lessons 1:00 p.m.-1:45 a.m.
Y Preschool Lessons 3:30 p.m.-4:00 p.m.		Y Preschool Lessons 3:30 p.m.-4:00 p.m.		Every other Friday Swim Team 4:30 p.m.-6:00 p.m. (no lap lanes avail.)	Open Swim 12:00 p.m.-5:55 p.m.	Open Swim 2:00 p.m.-5:55 p.m.
School Age Youth Lessons 4:15 p.m.-5:00 p.m.		School Age Youth Lessons 4:15 p.m.-5:00 p.m.				
Swim Team 4:30 p.m.-6:00 p.m. (no lap lanes avail.)		Swim Team 4:30 p.m.-6:00 p.m. (no lap lanes avail.)				
Aqua Travel 5:00 p.m.-5:50 p.m.		Aqua Travel 5:00 p.m.-5:50 p.m.				
Youth Lessons 6:00 p.m.-6:45 p.m.	Aqua Intervals 6:00 p.m.-6:50 p.m.	Youth Lessons 6:00 p.m.-6:45 p.m.	Aqua Intervals 6:00 p.m.-6:50 p.m.			
Aqua Intervals 7:00 p.m.-7:50 p.m.	Aqua Kick 7:00 p.m.-7:50 p.m.	Aqua Intervals 7:00 p.m.-7:50 p.m.	Aqua Kick 7:00 p.m.-7:50 p.m.			
Open Swim 8:00 a.m.-8:55 p.m.	Open Swim 8:00 a.m.-8:55 p.m.	Open Swim 8:00 a.m.-8:55 p.m.	Open Swim 8:00 a.m.-8:55 p.m.			

THERAPY POOL

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Tai Chi 8:00 a.m.-8:50 a.m.	Open Swim 8:00 a.m.-8:45 a.m.	Tai Chi 8:00 a.m.-8:50 a.m.	Open Swim 8:00 a.m.-8:45 a.m.	Tai Chi 8:00 a.m.-8:50 a.m.	Low Impact 8:10 a.m.-9:00 a.m.	Open Swim 8:00 a.m.-12:55 p.m.
Silver Splash 9:00 a.m.-9:50 a.m.	Arthritis 9:00 a.m.-9:50 a.m.	Silver Splash 9:00 a.m.-9:50 a.m.	Arthritis 9:00 a.m.-9:50 a.m.	Silver Splash 9:00 a.m.-9:50 a.m.	Adaptive Lessons 9:15 a.m.-9:45 a.m.	
Open Swim 10:00 a.m.-10:45 a.m.	Open Swim 10:00 a.m.-3:45 p.m.	Open Swim 10:00 a.m.-10:45 a.m.	Open Swim 10:00 a.m.-3:45 p.m.	Open Swim 10:00 a.m.-10:45 a.m.	Preschool Lessons 10:00 a.m.-10:45 a.m.	
Water Pilates 11:00 a.m.-11:50 a.m.		Water Pilates 11:00 a.m.-11:50 a.m.		Water Pilates 11:00 a.m.-11:50 a.m.	Preschool Lessons 11:00 a.m.-11:45 a.m.	
Open Swim 12:00 p.m.-4:45 p.m.	Water Power 4:00 p.m.-4:45 p.m.	Open Swim 12:00 p.m.-4:45 p.m.	Water Power 4:00 p.m.-4:45 p.m.	Open Swim 12:00 p.m.-4:45 p.m.	Open Swim 12:00 p.m.-5:55 p.m.	Preschool Lessons 1:00 p.m.-1:45 p.m.
Low Impact 5:00 p.m.-5:50 p.m.	Open Swim 5:00 p.m.-5:45 p.m.	Low Impact 5:00 p.m.-5:50 p.m.	Open Swim 5:00 p.m.-5:45 p.m.	Low Impact 5:00 p.m.-5:50 p.m.		Open Swim 2:00 p.m.-5:55 p.m.
Preschool Lessons 6:00 p.m.-6:45 p.m.	Preschool Lessons 6:00 p.m.-6:45 p.m.	Preschool Lessons 6:00 p.m.-6:45 p.m.	Preschool Lessons 6:00 p.m.-6:45 p.m.	Open Swim 6:00 p.m.-8:55 p.m.		
Open Swim 7:00 p.m.-8:55 p.m.	Open Swim 7:00 p.m.-8:55 p.m.	Open Swim 7:00 p.m.-8:55 p.m.	Open Swim 7:00 p.m.-8:55 p.m.			

FAMILY FUN POOL

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Open Swim 10:00 a.m.-1:00 p.m.		Open Swim 10:00 a.m.-1:00 p.m.		Open Swim 10:00 a.m.-3:55 p.m.	Open 12:00 p.m.-3:55 p.m.
Open Swim 4:00 p.m.-7:55 p.m.	Open Swim 4:00 p.m.-7:55 p.m.	Open Swim 4:00 p.m.-7:55 p.m.	Open Swim 4:00 p.m.-7:55 p.m.	Open Swim 4:00 p.m.-7:55 p.m.		