



CLARK COUNTY BRANCH
4812 Hamburg Pike
Jeffersonville

FLOYD COUNTY BRANCH
33 State Street
New Albany

**FEBRUARY
LINEUP**

Details: (812) 283-9622 ... www.ymcasi.org

Clark County Branch

- Mondays** Ping pong free open play for singles or doubles (7:30-10 a.m.); Mexican Train Dominos (noon-3 p.m.) Members: Free. Non-members: \$3.
- Tuesdays** (12:15-3:15 p.m.) Rubber bridge. Members: Free. Non-members: \$3.
- Tuesdays** (6-6:45 p.m.) Nutrition support group to also provide education and motivation for those Y members seeking the right path in their nutrition program. Free.
- Wednesdays** (9 a.m.-noon) Oil painting classes for ages 18 and older and all skill levels. Members: \$80. Non-members: \$90.
- Thursdays** (7:45-8:45 a.m.) Bible Study/all denominations. Free.
- Friday, Feb. 10** (12:30-2:30 p.m.) Left-Right-Center (LRC) game. Members: \$Free. Non-members: \$3.
- Saturday, Feb. 11** (6-10 p.m.) Parents Night Out for ages newborn to 10. Members: \$15. Non-members: \$20.
- Mondays, Feb. 13 & 27** (6-7:30 p.m.), **Wednesdays, Feb. 8 & 22** (6-7:30 p.m.), **Saturday, Feb. 18** (9-10:30 a.m.) Youth (ages 10-13) certification classes on Wellness Center equipment. Members only: \$10.
- Tuesdays & Thursdays** (5-9 p.m.) and **Saturdays** (9 a.m.-6 p.m.), **Feb. 14-25** Lifeguard training for ages 16 & older. Members: \$175. Non-members: \$225.
- Wednesday, Feb. 15** (11:30 a.m.-3:30 p.m.) Leave Y for senior trip to Derby Dinner Playhouse to see "Boeing Boeing." Members: \$32. Non-members: \$36.
- Tuesday, Feb. 28** (11 a.m.-2 p.m.) Leave Y for senior lunch outing to BD's Mongolian Grill in Louisville. Members: \$3. Non-members: \$5. Transportation included, but not lunch.
- Tuesday, Feb. 28** (11:30 a.m.-12:30 p.m.) Book Club. Free.

Floyd County Branch

- Tuesdays** (6-9 p.m.) Oil painting classes for ages 18 and older and all skill levels. Members: \$80. Non-members: \$90.
- Wednesdays** (7-8:30 p.m.) and **Sundays** (3-5:30 p.m.) Open gym for volleyball.
- Thursdays** (10 a.m.-noon) Knit & Stitch for all; bring your own projects and socialize. Free.
- Thursdays** (6:15-7 p.m.) Nutrition support group to also provide education and motivation for those Y members seeking the right path in their nutrition program. Free.
- Saturdays** (10-11 a.m.) Overeaters Anonymous in the Multipurpose Room. Free.
- Saturdays, Feb. 4 & 11** (2-6 p.m.) Greeting cards and Valentine's workshop. Members: \$58. Non-members: \$60.
- Mondays, Feb. 6-March 6** Tap class for beginners (7:15-8:15 p.m.) and experienced tap for adults (11:15 a.m.-12:15 p.m.) Members: \$50. Non-members: \$65.
- Mondays & Wednesdays, Feb. 6-March 4** (4-5 p.m.) Women on Weights (ages 18 & older) to teach principles of weight training, cardio, flexibility, and nutrition. Work as a team to accomplish fun challenges while getting into shape. Members: \$120. Non-members: \$160.
- Tuesdays & Thursdays, Feb. 7-23** (10-10:30 a.m.) Tot's PE for ages 18 months-3 years. Members: \$30. Non-members: \$40.
- Thursdays, Feb. 9-April 5** Tumbling for boys & girls ages 3-5 from 6-6:45 p.m. and ages 6-8 from 7-7:45 p.m. Members: \$53. Non-members: \$65.
- Friday, Feb. 10** (8:30-11:30 p.m.) Tween (ages 8-11) & Teen (ages 12-15) Night with swimming, XRKade, basketball, concessions, more. Members: Free. Non-members: \$5.
- Wednesday, Feb. 15** (12:15-1:30 p.m.) Mexican Train Dominos for seniors. Members: Free. Non-members: \$5.
- Thursday & Friday, Feb. 16 & 17** (noon-4 p.m.) Accordion Book workshop. Members: \$58. Non-members: \$60.
- Tuesday, Feb. 21** (noon-4 p.m.) Introduction to Calligraphy workshop. Members: \$38. Non-members: \$40. (6:30-8:30 p.m.) Flower Arranging workshop. Members: \$48. Non-members: \$50.
- Wednesday, Feb. 22** (12:30-1:30 p.m.) Senior bingo. Members: \$1. Non-members: \$5.
- Monday, Feb. 27** (5-7 p.m.) Free blood pressure, blood sugar, tanita scale (weight & body fat) screenings by Floyd Memorial in the Y atrium.
- Tuesday, Feb. 28** (1 p.m.) Texas Roadhouse Kickback Day. Sign up at the front desk to enjoy meal there with friends to raise money for the Y's annual giving campaign.
- Tuesday, Feb. 28** (11:30 a.m.-12:30 p.m.) Book Club: "Interpreter of Maladies" by Jhumpa Lahin. Free.
- Thursday-Friday, March 1-2** (noon-4 p.m.) Paper Batik workshop. Members: \$58. Non-members: \$60.

Register NOW at Both Branches

- Ongoing** Preschool & before- and after-school childcare registration; swim lessons; soccer; piano & voice lessons (ages 6 & older) with flexible scheduling (\$80 for four 30-min. sessions); personal training; nutrition consultations; sports enhancement training.
- Saturday, Feb. 18** Registration begins for Clark County's indoor triathlon on **Sunday, March 18**, and Floyd County's Tri at the Y super-sprint triathlon on **Sunday, April 22**.