



ACTIVE OLDER ADULTS CALENDAR

FLOYD COUNTY BRANCH

February
2012

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Arthritis Water Class 9:00 a.m. - 9:50 a.m. AOA Water Class 11:00 a.m. - 11:50 a.m. Forever Fit Class 11:15 a.m. - 12:00 p.m. WILD Wed-XRKade 12:15 p.m. - 2:00 p.m.	AOA Water Class 9:00 a.m. - 9:50 a.m. Zumba Gold Exercise Class 9:00 a.m. - 9:50 a.m. Silver Sneakers 11:15 a.m. - 12:00 p.m. Arthritis Water Class 6:00 p.m. - 6:50 p.m.	Arthritis Water Class 9:00 a.m. - 9:50 a.m. AOA Water Class 11:00 a.m. - 11:50 a.m.
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*All Group Exercise and Aquatics class schedules and descriptions are available at the Courtesy Counter or online at www.ymcasi.org.

See other side for more information.

WILD WEDNESDAYS:

February 1 - **XRKade BIRTHDAY BASH** 12:15 p.m. - 2:00 p.m. Join us as we celebrate February Birthdays and try out the latest Wii bowling game. We will have a drawing for a \$25 gift card and cake will be served. Feel free to stop by and leave at anytime. **Fees: Members: Free Non-Members: \$5**

February 15 - **MEXICAN TRAIN DOMINOES** 12:15 p.m. - 1:30 p.m. Teen and Family Room. **Fees: Members: Free Non-Members: \$5.**

February 22 - **BINGO** 12:30 p.m. - 1:30 p.m. Teen and Family Room. **Fees: Members: \$1 Non-Members: \$5.**

BOOK CLUB – Tuesday, February 28 from 11:30 a.m. – 12:30 p.m. (Featured book: “Interpreter of Maladies” by Jhumpa Lahiri and). Stimulate your mind and share your passion for reading. Come join us the last Tuesday of the month to discuss the month’s selection. The books will be chosen by club members prior to the next month. The book club will be meeting in the 3rd floor Association Office. **Free to members.**

ART WORKSHOPS:

Greeting Cards/Valentines Workshop - Saturdays, February 4 and 11 - 2:00 p.m. - 4:00 p.m. 2 days/total of 8 hours. **Fees: Members: \$58 Non-Members: \$60.**

Accordion Book Workshop - Thursday February 16 - Friday, February 17 - 2:00 p.m. - 4:00 p.m. 2 days/total of 8 hours. **Fees: Members: \$58 Non-Members: \$60.**

Introduction to Calligraphy - Tuesday, February 21 - 12:00 p.m. - 4:00 p.m. 4 hour class. **Fees: Members: \$38 Non-Members: \$40.**

Flower Arranging Workshop - Tuesday, February 21 - 6:30 p.m. - 8:30 p.m. 4 hour class. **Fees: Members: \$48 Non-Members: \$50.**

Paper Batik Workshop - Thursday, March 1 and Friday March 2 - 12:00 p.m. - 4:00 p.m. 4 hour class. **Fees: Members: \$58 Non-Members: \$60.**

For more information contact Paula Lomax at 283-9622 ext 222 or plomax@ymcasi.org

Please register at the front desk or online at www.ymcasi.org - click “**Healthy Living**” and follow the links to **Art Workshops**.

NATIONAL WEAR RED for HEART DAY - February 3

AOA LUNCH OUT: Meet Ginger at Texas Roadhouse in Greentree Mall to help kickoff our annual giving campaign. Lunch is on your own, but please sign up at the front desk. Texas Roadhouse will support the Y by donating some of the proceeds from lunch. Tuesday, February 28 from 1:00 p.m. - 2:30 p.m.

SAVE THE DATE: Thursday May 24 - Churchill Downs



**YMCA of Southern Indiana
Floyd County Branch**
33 State Street
New Albany, Indiana 47150
(812) 283-YMCA
www.ymcasi.org

**Cancellation Policy: Reservations must be cancelled 48
hours in advance of event to receive a full refund.**

**If you have any questions, please call
Crystal Hardin at 283-9622, ext. 224 or email
Ginger Schocke at gschocke@ymcasi.org**