



**FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**



SUMMER 2011



**See Back for Days and
Times of Classes**

**YMCA of Southern Indiana
Floyd County Branch**
33 State Street
New Albany, IN 47150
(812) 283-YMCA

www.ymcasi.org

Infant/Toddler Classes

Ages 6 mo. - 3 yr.

SHRIIMP/KIPPER (Parent/Child)

A Parent/Child class designed for children ages 6-18 months. Learn safety, skills, and fun games to help children adjust and explore in the water.

INIA/PERCH (Super Tots)

A Parent/Child class designed for children ages 18-36 months. Learn skills and fun games to encourage safety and independence in the water.

Preschool Classes

Ages 3-5 yrs.

PIKE

Beginning children learn to be comfortable in the water and develop independent movement of the basic strokes. Learn kicking, floating, pool safety, and basic breathing skills.

EEL

For intermediate children who are comfortable in the water and are able to swim 5 feet unassisted.

RAY/STARFISH

For advanced children who are able to perform front and back floats and swim 15 feet unassisted.

Private/Semi-Private Classes Any Age

Six 30 minute lessons are for those who wish to learn to swim at their own pace or want to build their technique.

Private

Member Fee: \$95 Non-Member Fee: \$125

Semi-Private

Member Fee: \$80 Non-Member Fee: \$110

Adult/Teen Classes

Ages 13 and up

These lessons are designed for adults in a small class size. Instruction varies to class needs—beginner, triathlete, and technique refinement

Youth Classes

Ages 6 - 12 yrs

POLLIWOG

Teaches basic water skills including basic swimming strokes, gliding with face in the water, floating, and kicking.

GUPPY

For children able to swim 15 feet without assistance. Teaches swimming on front, back, and side and taking a breath while swimming.

MINNOW

For children able to swim 25 meters unassisted. Teaches front crawl with rotary breathing, backstroke, sidestroke, and beginning breaststroke.

FISH

For children able to swim 50 meters unassisted of front and backstroke. Refines breaststroke, teaches butterfly, open turns and improves other strokes.

FLYING FISH

For children able to swim 50 meters of front and backstroke. Improves and refines stroke technique and working on speed improvement.



SWIM LESSON SESSION DATES

MONDAY-THURSDAY

I: May 31 - June 9* (No class May 30)

II: June 13 - 23

III: June 27 - July 7* (No class July 4)

IV: July 11 - 21

V: July 25 - August 4

MONDAY/WEDNESDAY

I: June 1 - 22* (No class May 30)

II: June 27 - July 20* (No class July 4)

III: July 25 - August 17

*Classes reduced due to holiday occurring during sessions.

TUESDAY/THURSDAY

I: May 31 - June 23

II: June 28 - July 21

III: July 26 - August 18

TUESDAY

I: June 21 - July 26

II: August 2 - September 6

THURSDAY

I: June 23 - July 28

II: August 4 - September 8

SATURDAY

I: June 4 - July 16

II: July 23 - August 27

SUNDAY

I: June 5 - July 17

II: July 24 - August 28

Must register one week in advance

Wendy Winter
Aquatics Director
Moirra Bertram
Swim Lesson Coordinator

Monday-Thursday

Member Fee: \$56 (*\$49)

Non-Member Fee: \$72 (*\$63)

9:00 a.m. - 9:45 a.m.

Preschool/Youth (All levels)

10:00 a.m. - 10:45 a.m.

Preschool/Youth (All levels)

11:00 a.m. - 11:45 a.m.

Preschool/Youth (All levels)

4:00 p.m. - 4:45 p.m.

Preschool/Youth (All levels)

Monday/Wednesday

Member Fee: \$56 (*\$49)

Non-Member Fee: \$72 (*\$63)

5:00 p.m. - 5:45 p.m.

Preschool/Youth (All levels)

6:00 p.m. - 6:45 p.m.

Preschool/Youth (All levels)

Tuesday/Thursday

Member Fee: \$56

Non-Member Fee: \$72

5:00 p.m. - 5:45 p.m.

Preschool/Youth (All levels)

Tuesday

Member Fee: \$42 (*\$36)

Non-Member Fee: \$54 (*\$48)

5:30 p.m. - 6:00 p.m.

Parent Child*

6:00 p.m. - 6:45 p.m.

Teen/Adult

Thursday

Member Fee: \$36

Non-Member Fee: \$48

5:30 p.m. - 6:00 p.m.

Super Tots*

Saturday

Member Fee: \$42 (*\$36)

Non-Member Fee: \$54 (*\$48)

9:00 a.m. - 9:45 a.m.

Preschool/Youth (All levels)

9:15 a.m. - 9:45 a.m.

Super Tots*

10:00 a.m. - 10:30 a.m.

Parent/Child*

10:00 a.m. - 10:45 a.m.

Preschool/Youth (All levels)

10:45 a.m. - 11:15 a.m.

Super Tots*

11:00 a.m. - 11:45 a.m.

Preschool/Youth (All levels)

11:30 a.m. - 12:00 p.m.

Parent/Child*

12:00 p.m. - 12:30 p.m.

Adaptive

Sunday

Member Fee: \$42

Non-Member Fee: \$54

1:00 p.m. - 1:45 p.m.

Preschool/Youth
(All levels)

