

CLARK COUNTY BRANCH

- A Double Gymnasium
- Wellness/Fitness Center
- Sauna & Steam Room
- Men's and Women's Locker Rooms
- Family/Assisted-Care Locker Rooms
- Two Group Exercise Studios
- Kids Adventure Room
- Teen/Senior Center
- Aquatic Center including:
 - Family-Fun Pool
 - Warm-Water Pool
 - Lap/Instructional Pool
- Multipurpose Room
- Outdoor Ball Fields, Basketball court and Playground

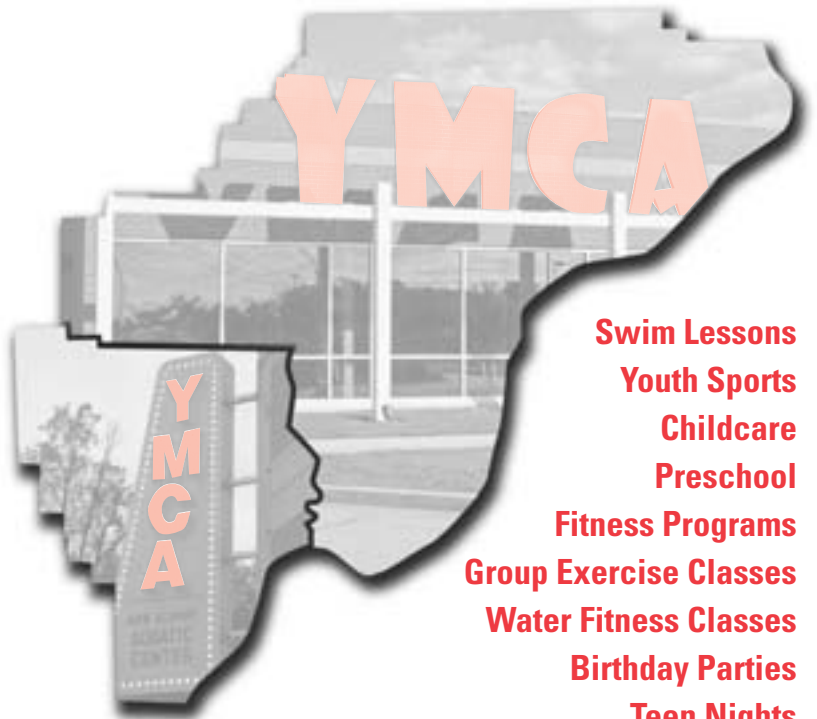
FLOYD COUNTY BRANCH

- A Double Gymnasium with Suspended Walking Track
- Wellness/Fitness Center
- Two Sauna & Steam Rooms
- Adult Only Men's & Women's Locker Rooms
- Male, Female and Family/Assisted-Care Locker Rooms
- Two Group Exercise Studios
- Kids Adventure room
- Teen/Senior Center
- Aquatic Center including:
 - Family-Fun Pool
 - Warm-Water Pool
 - Six-Lane Lap/Instructional Pool
- Community Meeting Room
- Three- Story Climbing Wall
- XRKade® Game Room

Questions? Contact
Melissa Wilson at 283-9622
or mwilson@ymcasi.org

Y MEMBERSHIP™

Something for EVERYONE!



Swim Lessons
Youth Sports
Childcare
Preschool
Fitness Programs
Group Exercise Classes
Water Fitness Classes
Birthday Parties
Teen Nights
Family Nights
Outreach
Older Adult Programs

YMCA of Southern Indiana membership allows access to **both** the Clark County Branch located at 4812 Hamburg Pike, Jeffersonville and the Floyd County Branch at 33 State Street, New Albany.

Benefits of Membership

When you become a member of the YMCA of Southern Indiana, you are automatically entitled to a number of very special benefits including:

- State-of-the-art Wellness Centers with a complete line of cardiovascular equipment, Cybex and Free Motion strength training equipment and free weight equipment.
- A trained Wellness Coach to ensure you get the best possible training and orientation to all equipment and wellness programs. Schedule an appointment at the courtesy counter.
- A wide selection of Group Exercise and Water Fitness classes are included in your membership. Check with the courtesy counter for a full schedule with class descriptions.
- Kids Adventure Room Child Watch service for up to two hours while you work out.
- All Taekwondo classes.
- Member rates for specialty classes, youth sports, childcare and swim lessons.

We build strong kids, strong families, strong communities

Membership Cancellation Policy

The YMCA of Southern Indiana requires no long-term contract; however, written notice is required at least 72 hours prior to your monthly bank or credit card draft date in order to terminate your membership. Members terminating after this deadline will have access to the facility until the date of their next regularly scheduled draft. You will be given a receipt that will detail your access to the facility and final draft date. No refunds will be issued for late termination requests.

Membership Hold Policy

In the case of a short-term absence due to medical reasons, the YMCA of Southern Indiana will consider putting your membership "on hold" for a maximum of three months annually. This privilege is at the discretion of the membership and marketing director. After the agreed upon hold period is completed, your monthly automatic draft will resume.

Membership Refunds

Membership to the YMCA of Southern Indiana is satisfaction guaranteed. If you are not satisfied with your membership, you may receive a refund which will be prorated on a monthly basis and less the joiner fee. Bank or credit card draft customers may terminate their membership at any time at the courtesy counter in accordance with the membership cancellation policy and be charged no further dues. Joining fees are not refundable. Refunds are not based on previous usage and non-usage of the YMCA facilities. Please check your statements regularly. If you notice a discrepancy in your draft, please

notify us promptly. Refunds will not be given for discrepancies beyond 90 days.

Membership Renewals

Annual memberships may be renewed, less the joiner fee, as long as it is renewed within 30 days of expiration. A joiner fee will be charged for all renewals made after the 30-day grace period. An invoice will be sent to you prior to your membership expiration date. Bank and credit card draft memberships are ongoing and regular drafts will continue until the member initiates a change.

Program Registration

Registration for all YMCA programs is taken on a first-come, first-served basis. You may register at the YMCA, online or by mail. Registration fees may be paid with Visa, MasterCard, American Express, or Discover online at ymcasi.org or by mail (except childcare) by returning a completed registration form along with your personal check in the amount of the program fee. Please note on the check the name of the program participant you are registering.

Program Refunds

Refunds for programs will be issued in the form of a system credit which can be applied to future YMCA programs, membership fees or merchandise. System credits should be used within the same calendar year of issue.

Safety and Security

When visiting the YMCA, please bring a lock to secure your belongings, including car keys and wallets, at all times. Never leave a wallet, purse or cell phone locked in your car while in the facility.

Valuables are best left at home when possible. The YMCA is not responsible for theft or damage to your property. Use of cameras and cell phones are not allowed in locker rooms. YMCA staff members are trained to deal with blood-borne pathogens and open wounds and are trained in first aid and CPR. We reserve the right to limit or restrict access to our facilities if there is a risk of spreading or transferring any communicable or infectious diseases.

Tobacco Free Campus

The YMCA of Southern Indiana including all facilities, properties and program sites are tobacco free.

Weapons Policy

For your own safety and the safety of others, the YMCA of Southern Indiana does not allow dangerous items to be brought onto YMCA property or to other program sites. Possession or use of firearms and other weapons on YMCA property is prohibited. This includes all YMCA program sites and facilities and surrounding areas, sidewalks, parking lots and vehicles.

Wellness Center Equipment

Members are expected to wipe down fitness equipment after each use. Paper towels and cleaning solution are provided.

Questions?

Contact Melissa Wilson at 283-9622 or email at mwilson@ymcasi.org



Clark County Branch

4812 Hamburg Pike Jeffersonville, IN 47130

Phone: 812-283-9622

Floyd County Branch

33 State Street New Albany, IN 47150

Phone: 812-283-9622



GUEST FEES

Clark County Branch:

Members are welcome to bring guests to the YMCA; however, the YMCA is a membership organization, and our first obligation is to our members. Guest fees are \$5 for those under 18 years of ages and \$8 for adults age 18 and above. Each member is permitted to bring one guest at a time or a family may bring another family. A guest must be accompanied at all times during his or her visit. All guests must register at the courtesy counter and present a photo I.D. Each guest is limited to three paid visits per year and if they decide to join within 30 days, paid guest fees will be deducted from their joiner fee.

Floyd County Branch:

Unlimited daily fees will be offered due to the partnership with the City of New Albany. Floyd County residents will pay \$5 for those under 18 years of age and \$8 for adults age 18 and above. Non Floyd County residents will pay \$7 for those under 18 years of age and \$10 for adults ages 18 and above. Discounted rates will apply for families who live in Floyd County and qualify for free or reduced lunch program, \$3 for those under 18 years of age and \$5 for adults 18 and above. If a guest decides to become a member, up to three daily fees paid during a 30 day period will be credited toward the joiner fee.

THE YMCA MISSION

To put Christian principles into practice through programs that build healthy spirit, mind and body for all.

OPEN DOORS FINANCIAL ASSISTANCE PROGRAM

Financial assistance is available to qualifying individuals and families through the YMCA Open Doors Financial Program. For more information about financial assistance regarding membership or programs, call the YMCA of Southern Indiana at 283-9622. A printable application with further details is available on our website at www.ymcasi.org.



YMCA of SOUTHERN INDIANA ANNUAL SUPPORT CAMPAIGN

The Strong Kids Campaign enables the YMCA to reach out to children in need. Dollars raised through this campaign fund the Open Doors Program. Your tax deductible gift opens doors for children and families; ensuring no one is turned away from a YMCA program due to an inability to pay. Your gift helps children participate in youth sports like basketball, t-ball and soccer; helps children to build lasting memories at summer day camp that might not otherwise have the opportunity; provides safe, quality, childcare to low income families; teaches a child water safety skills in a YMCA swim lesson; or provides families with unlimited access to YMCA membership where they can enjoy time together in a safe and positive environment.

YMCA of Southern Indiana

Membership Cards and Photo IDs

A membership card must be presented at the courtesy counter in order to enter the YMCA. A member who does not have a membership card must present photo identification such as a driver's license or student ID to allow staff to verify the membership. Replacement cards are available for no charge; however, for security purposes, a photo ID must be presented at the time of issue.

Age Guidelines

YMCA - Children under the age of 7 years old must have a parent or guardian at the YMCA at all times.

- Aquatics Center - 5 and under must have an adult in the water. Ages 6-7 must have a parent or guardian present in the aquatic center.
- Warm water therapy pool - 14 years of age or older unless otherwise approved by the aquatics director.
- Lap lanes - Lap lanes are intended for lap swimmers ages 14 and up. Younger children may swim laps if the lanes are not in use.
- ChildWatch - 8 years and younger.
- Group Exercise and Water Fitness Classes - Ages 14 and up unless otherwise specified.
- Gymnasium - Children 7 and up unless accompanied by a parent or guardian.
- Rock Wall - Ages 6 and up and must fit harness.
- Sauna and Steam Room - Must be 14 years of age or older.
- Teen Room - Ages 8 and up unless otherwise specified.
- Walking Track - Ages 7 and up.
- Wellness Center - Age 14 and up. Children ages 7-13 may use the Wellness Center during designated hours only if they are participants in the Youth Personal Fitness Program.
- XRKade® - Ages 7-13. Additional age specific programming will be available.

Activate America is the YMCA's response to the nation's growing health crisis. The YMCA is redefining itself and engaging communities across the country to provide better opportunities for people of all ages in their pursuit of health and well-being in spirit, mind and body.

CORPORATE PARTNERSHIP

The YMCA will work with your company coordinator to provide a great employee benefit program through a YMCA of Southern Indiana membership. A free week at the YMCA is a great way to raise employee interest in their own personal wellness goals while introducing them to all the YMCA has to offer. Corporate wellness programs are a great way to motivate staff and see overall improved health. For more information about corporate membership, contact Melissa Wilson at 283-9622 or by email at mwilson@ymcasi.org.

The YMCA has two great options to help you offer your staff a great employee benefit:

Option 1: Your company agrees to pay a flat annual fee based on the total number of employees and the YMCA will waive 50% of the joiner fee for any membership type.

Option 2: Your company agrees to pay a flat annual fee based on the total number of employees as in Option 1 and in addition agrees to pay at least \$20 towards the monthly membership fees of each employee who joins the YMCA. The YMCA will waive 100% of the joiner fee for any membership type.

Total Number of Employees	Annual Fee
50 or fewer	\$200
51 to 100	\$300
101 to 250	\$500
251 to 500	\$1,000
501 to 999	\$1,500
1000 or more	\$2,000

Membership Privileges and Responsibilities

Appropriate Conduct and Enforcement Policy

The YMCA of Southern Indiana expects members and guests to behave in a manner consistent with a family atmosphere observing the YMCA's four core values of caring, honesty, respect for others and responsibility. Any member engaging in inappropriate behavior (foul language, fighting, theft or other illegal activity) in YMCA facilities or on its grounds or while participating in YMCA programs will be asked to leave the property immediately and their membership or participation in the program will be suspended pending a meeting with the membership and marketing director, appropriate program director or branch executive. Small incidents will receive a written warning and repeat offenses will result in permanent termination of membership. For severe violations, the membership committee will determine suspension length or permanent termination of the individual's membership. Anyone who witnesses inappropriate behavior is encouraged to report it immediately to an on duty staff member. Please help us assure safety in each facility and program location by reporting any suspicious or questionable activity.

Attire

Workout attire suitable for a family friendly facility is required at all times and in all areas of the YMCA. Attire with inappropriate graphics and language or excess skin exposure is not allowed. Closed-toed shoes are required in the wellness center, group fitness studios and basketball

courts. No street shoes are allowed on the pool deck. For persons not wishing to remove their footwear, shoe covers are provided at entrances to the aquatics center (Clark County only). Swimsuits are required when using the pool and members should be mindful of others when using the sauna and steam room.

Inclement Weather Policy

In the event of inclement weather, YMCA facilities and programs will operate on a normal schedule when appropriate. In the event of thunder and/or lightening the aquatics center will close and no one will be allowed on the pool deck. The pool will reopen 15 minutes after the last lightening strike occurs. In cases of extreme weather such as ice or more than two inches of snow, please call your YMCA branch.

Locker Rooms

Men's and women's locker rooms are provided for your use. If you have small children, please utilize the first floor boys and girls or family/assisted care locker rooms in Floyd County and the assisted care locker rooms available in Clark County. Children over the age of four are not permitted in an opposite sex locker room at any time. Please use the other options provided whenever possible at any age to create a more comfortable locker room environment for everyone.